

# Higher consciousness *via hands*



Chirologist Talma Brill legitimizes hand reading as a tool for diagnosis and healing

• By ARIEL DOMINIQUE HENDELMAN

**T**alma Brill has been looking at people's hands her whole life, but it wasn't until she was 40 that this curiosity and passion took a new turn.

"I remember the hands of my teachers from high school, even though I don't remember their names," Brill shares. "I remember hands more than faces."

When Brill began seriously to study chiromancy, the practice of hand reading, it was a hobby. She was working as a high-school teacher of Bible and literature classes, and occasionally would study the hands of her students and teach them about chiromancy. She then met a Jungian analyst who would prove to be pivotal in her journey. She told the analyst about chiromancy, and how fascinated she was by it, but that she didn't know if it was feasible to develop it into a profession. The analyst gave Brill her hands and asked for a reading.

"So I did," Brill recalls. "She said that there are many good teachers, but there are not many good hand readers. She told me to go for it and that she would start sending me her clients. When I saw that reaction, I knew that this was my calling. I enjoyed being a teacher, but chiromancy is my way."

Brill's method of chiromancy is meticulous and methodical. She always reads both hands; asking the person who comes for a consultation to turn their palms toward her as she scans them back and forth with a serious, penetrative gaze. She also takes prints of both hands and studies them as well to gain a complete picture. She explains that the left hand reflects childhood and what someone brings with them into the world, while the right hand represents what they are doing with it as an adult (or for younger children, what they could do with what they have been given).

"They also represent the inner world and the outer world; the left is the private persona and the right is the public one," Brill explains. "It's very interesting to see both hands and what growth and development there is from the left to the right. I love to see the growth in the right hand compared to the left because that shows me that this person is open enough to learn, be aware, and grow out of their personal circumstances. If I'm doing a hand reading for an adolescent of 15 or 16, in a way this person is still a child, but not really. If I see a lack of self-confidence in the left hand, but I can see in the right that there will be a big change, I can tell them that, in the future, they will be much more confident and will see themselves with new eyes. The moment I give them this information, they start to make their first steps toward it because they know that it's possible."

Brill, who is located in Mevaseret Zion, is not only a practitioner of chiromancy; she wants to legitimize it in the eyes of the wider world and show that it is a powerful tool that can increase someone's awareness about their strengths and weaknesses and how they operate in the world. In this way, it provides an opportunity for people to find out about themselves in a new and deeper way. This tool can be especially effective

Talma Brill: 'The power of chiromancy is astounding.' (Talma Brill)



